

## Directions for Snack Preparation

The following list includes suggestions on snack items. Snack is divided into four categories: vegetables, fruits, carbohydrates, and grab bag. In order to provide a variety, each category is divided into subcategories. Thank you in advance for your donation and time.

- We have several children who are allergic to nuts. Please check labels on prepared food. Do not include **ANY NUT OR NUT OIL** in any homemade foods such as banana bread, muffins or other recipes.
- Please send enough quantity for approximately **60** children.
- Please do not put snack in individual bags. Snack is served buffet style in school dishes and the children independently serve themselves.
- Please send commercially prepared food in original packaging.
- Homemade or prepared snack is best sent in Ziplock bags or food storage containers with a list of ingredients. Please clearly mark any containers you wish to be returned.
- **The subcategory will appear on the calendar as a blue number beside the category.**
- Please send snack in on the day your child's name appears on the calendar.
- Snack may not be served on the day you send it in.

Category 1	Category 2	Category 3	Category 4
<b>VEGETABLES</b>			
Celery – 3lbs. washed and cut into 2” pieces.  2 tubs cream cheese	Carrots/ 3 lbs. Washed and cut into 2” pieces  1 bottle Ranch dressing	Salad – 3lbs.  2 bottles dressing, seperate	Sugar snap peas – 2 lbs.
<b>FRUIT</b>			
20 Apples Washed and left whole	25 Bananas	4 lbs. Grapes Washed, left on stem	1 large Watermelon Cut into bite sized pieces
4 lbs. Strawberries Washed and hulled.	10 lbs. Pineapple Cut into bite sized pieces or canned	3 cut Cantaloupes Cut into bite sized pieces	20 Oranges Washed and left uncut
10 lbs. Canned fruit or fruit cocktail	10 lbs. Canned peaches	10 lbs. Canned pears	Applesauce 3 – 3lb. jars
<b>GRAB BAG</b>			
40 ½ oz. raisins	24 whole hard boiled eggs, cut in half (48 halves)	40 Cheese sticks left in wrapper	20 lg. tortillas cut into 1/3 Melted cheese
Macaroni & cheese 2 pans, 9”X12”	24 cheese on wheat bread sandwiches cut in half (48 halves)	Apple crisp 2 pans, 9”X12”	60 small drinkable yogurts
<b>CARBOHYDRATES</b>			
Graham crackers 3 boxes	Popcorn Approx. 20 cups	3 lbs. Goldfish crackers	3 boxes Saltines 1 jar of jelly
3 bags Fritos	3 loaves banana or blueberry bread	5 boxes Cheezit crackers	3 boxes healthy cereal ½ gallon milk
1 large bag tortilla chips 2 jars salsa	15 mini bagels cut in half 2 tubs cream cheese	3 bags pretzels	3 boxes Vanilla wafers